

Periodontology days in Ostrava, 13.-14.10.2017

During the days 13.10.-14. 10 . 2017 the autumn meeting of the Czech Periodontology Society took place at the Park Hotel Radisson Blue, Ostrava.

An excellent guest from Germany accepted the invitation, the widely-known periodontologist, Dr. Wolfgang Westermann. He started the scientific programme with his lecture „Failures in Periodontology, causes, how to solve them“.

At the beginning he divided the types of defects, explained causes and solutions. He stressed the options of Hygiene therapy which is quite necessary. He showed the indications of Periodontal Surgery.

Also he presented clinical casuistics, a logical access, a step by step approach, considering a evaluating positive and negative facts too. This way he headed for the final diagnosis.

To maintain the tooth or not? A long-term good prognosis, that was his aim.

Antibiotic therapy, scaling, root planning, reevaluation, recall, surgical therapy, that all formed so called Westermann's concept.

Then the discussion about the topic was comprehensive and rich.

The afternoon programme continued by the lecture of

Dr. Jan Streblov /Praha/, with the topic: „Compromised implantations, compromised teeth“.

He clearly demonstrated casuistics where some implantations seemingly lost were possible to save using by the right hygiene therapy, maintaining care and using the proper techniques of Periodontal surgery.

Another lecturer was Dr. Jaroslav Černušák /Kralupy n. Vltavou/, with the topic: „Etics and etiquette“ First of all he defined these terms and said how important is the right use in Dentistry and Medicine. The lecturer also stressed the necessity to keep and maintain the basic values and principles in everyday work when communicating and acting with a patient.

There followed Dr. Pavel Poleník/Pilsen/, with his lecture

„The treatment of the Chronical Hyperplasty Gingivitis using by ER, Cr. YSGG laser“,

The author with the comprehensive and attractive form presented the options of laser therapy and their clear and meaningful benefit for a patient. Good outcomes, no visible scars, no damage for the tissue function as well.

The first day afternoon programme was finished by the lecture Dr. Jiří Ramba/Praha/,

„Suddenly health changes (accidents, injuries) in the life of Czech kings /Charles IV., Ladislav Pohrobek = Ladislaus Postumus, Jiří z Poděbrad = George from Poděbrady, Rudolf II Habsburský = Rudolfus II Habsburg/“.

In his lecture he showed some health complications of Czech rulers which are not known in public. For instance, the lower jaw complicated fracture and cervical vertebrae injuries of Charles IV. At those times it meant the danger for the life of this Czech king. It happened during the secret knight tournament in Regensburg, in medieval Germany. Dr. Ramba demonstrated very interesting and for those times quite modern and logical approach of treatment.

The second day programme started Dr. Maria Matuševská/Prešov, Slovakia/

„The periodontologist´s cooperation with the other medicine branches – The summary of casuistics of periodontology patients „. The lecturer showed the options of successful orthodontic –periodontal therapy concerning seemingly lost teeth. Genetic tests, CRP tests with the relationship for the antibiotic indications during Periodontology therapy, splitting of operated teeth.

That all according to the lecturer, means the prognosis improvement and a long-term survival of the operated teeth.

Then followed Dr. Petr Barták/ Praha/: „The extensive prosthetics reconstructions and their relationship to periodontal tissues, means, modeling tissues and red esthetics“.

He documented precisely prosthetic procedures in relationship to Periodontology.

When to use the coronary transpositioned flap or tunneling technique to achieve the maximum of functional and esthetic outcomes.

He stressed the planning necessity, the use of Wax-up, etc, for the reaching of long-term stability of prosthetic reconstructions.

Dr. Peter Abelovský/Zvolen, Slovakia/: „Lateral cavum nasi and sinus lifting“.

He presented pictures and video sequences of the options of cavum nasi endoscopy for the diagnosis and treatment of cavum nasi illnesses.

The lecturer showed less invasive methods of solving, means cyst removing from Antrum Highmori.

The Caldwell-Luc operation is considered to be „old fashioned“, not physiological, rather not for recommendation although it has been used recently. He presented also how to solve the extraction complications in maxilla /OA communications/, the very precisely planning and the procedures of sinus lift operations with the support of CBCT examinations and many others doing by the lecturer.

The final lecture with the topic: „The basic hemorrhagic diseases and the preparation for the Dentistry surgery – casuistics, PRP and its use in Periodontology (Theory, our experience, laws), there was presented by Dr. Hana Lejdarová /Brno/. The lecturer said some news in transfusion problematics, she stressed the risks of transfusion, how to prevent them, etc. The plasma consumption is falling down and the fibrinogen consumption is increasing, which is better and less risky.

Also there is some risk when operating the patients with the hemorrhagic diseases.

She mentioned some news and the risky problems too when using the methods PRF and PRP in Dentistry and the other medicine branches.

The Perio days in Ostrava confirmed not only the high level of scientific and society meaning, but also the reality of the great interest of dentists (PZL in Czech) and dentists specialising in Periodontology= Periodontologists, as to these meetings.

A high quality of all lectures, the attentive and sensitive auditorium, those were the nice positive facts of our meeting in Ostrava.

The next perio days will take place at Spindlerův Mlýn, the Krkonoše mountains,

18.- 19. 5.2018. Would you know more? More info on: www.perio.cz

On behalf of the Czech Periodontology Society MUDr. Michal Kania