

Days of Periodontology in Liberec, the Czech Republic

The Congress of the Czech Society of Periodontology took place on the 23rd and 24th of October 2015 in pleasant setting of the Babylon hotel in the city of Liberec .



Dr. Jiří Krug (Praha) opened the program for experts. His topic was: Vertical insufficiency of alveolar ridge, soft and hard tissue augmentation. Showing clinical cases he presented what opportunities we have nowadays in terms of modern dental surgery and implantology fields. The demand for this type of treatment grows, especially when it comes to frontal dental area where aesthetics is hand in hand with implant stability, a priority No.1. Graft harvesting techniques of both the soft and hard tissue and application thereof to the area of defect, explanation what to use when and where and why including perfect image documentation – these were the characteristic features of this very thorough overview. For the periodontologists the benefit lay mainly in showing them the use of individual techniques of transfer the soft or hard tissue grafts into the area of defect.



Dr. Petr Barták (Praha, the Asklepion centre) gave the next presentation on „Third dimension in planning and not only in implantology – but everyday need of CBCT in usual dentistry; surprises that may come if CBCT is or is not used (teeth retention, sinus Highmori, etc)“. He presented to the participating dentists advantages of using this type of diagnostics. 3D diagnostics now common in implantology is also irreplaceable in the areas of dental surgery, orthodontic treatment and Periodontology. Dr. Barták presented well documented cases and indicated the importance of the method for complex cases.



Dr. Abelovský (Zvolen, The Slovak Republic) then addressed topic of : Implants – a component of prosthetic rehabilitation of a patient in dental practice, treatment, correction of soft and hard tissues. Presented showed clinical cases to prove that individual patient approach is necessary as well as in terms of complicated cases, i.e. application of endoscopy, CBCT, etc. He pointed out that the above mentioned, i.e. implant treatment, has to be incorporated in an ordinary conservative prosthetic treatment plan, in order to arrive to harmony of all elements.



Dr. Pavel Harsa (The Medicine Faculty-Praha/) opened the second day of lectures with a message: Psychological aspects of patient treatment, and prevention of mental stressors in physicians. His message addressed the issue of a patient – dentist relationship, and indicated a lot of problem that arise in this respect. Dr. Harsa stressed the importance of empathy to be able to understand and resolve the problems a patient has, which contributes to establish a relationship of trust. The lecture also mentioned risk of the burnout syndrome in dentists and prevention thereof.



Dr. J. Ventruba (Ophtalmic department of the Medical Faculty of Masaryk University Brno) followed with his paper: Dentists and eye defects, state of the art treatment. He presented current opportunities in eye impairment corrections, using visuals he demonstrated modern trends in diagnostics and surgery techniques that allow very good results of corrections.



Dr. L. Korábek (Praha) closed the day with his lecture: Current trends in Periodontology. He attempted to cover wide spectrum of topics of EURO-PERIO held in London. A lot of attention was paid to clarification of periodontal processes, and stress was put on unchanging focus on dental hygiene and its importance. Discussions focused also on the growing frequency of periimplantitis.



In the end of the first day the plenary session of the Czech Society of Periodontology was held. Members were informed on organizational changes and on dates when the next Days of Periodontology will take place. They also received information regarding further postgraduate studies of Periodontology for dentists, information about the web site of ČPS, the budget etc.



Days of Periodontology in Liberec confirmed these traditionally held meetings not only have high quality level in terms of expertise and social contacts but also that the specialist in Periodontology, the dentists and practitioners show growing interested in them.

Next Days of Periodontology will take place in Brno on May 27 and 28, 2016, where Dr. Daniel Hess will be the key speaker. For more information see www.perio.cz

On behalf of the Czech Periodontology Society Committee:

Dr. Michal Kania and Dr. Ladislav Záruba