Prevention Workshop co-chairman call for ‘renewed energy’ in prevention of periodontal diseases – watch the podcast here

On November 9, the four co-chairman of the EFP Prevention Workshop took part in a webinar on guidelines to prevent periodontal disease and peri-implantitis. Mariano Sanz, Maurizio Tonetti, Iain Chapple, and Søren Jepsen discussed the Workshop’s guidelines in the webinar which was streamed from a Madrid TV studio and watched live by about 420 online viewers. Prof Tonetti described the release of the guidelines as a "time for renewed energy" in the prevention of periodontitis. The podcast of the event is available here.

New cycle of JCP Digest explores links between status and gum health, cost-effectiveness of peri-implantitis treatments, and other key topics

The first five issues of the second cycle of the JCP Digest, based on articles published during 2015 in the Journal of Clinical Periodontology, are now available in PDF format on the EFP website. The subjects covered are: (01) Short implants vs long implants; (02) Changes of prevalence of periodontitis in two German population-based studies; (03) Which life-course model better explains the association between socio-economic position and periodontal health?; (04) Plaque control for patients with oral lichen planus; and (05) The cost-effectiveness of non-surgical peri-implantitis treatments. The JCP Digest, edited by Prof Iain Chapple, offers perio research in a concise format for clinicians who may lack the time to read through dense research papers but who wish to keep their knowledge up to date.

Ineffectiveness of flossing, a key Prevention Workshop finding, becomes hot topic on social media

One of the key issues discussed at the Prevention Workshop – the inefficacy of flossing – has become a hot topic on social media following the publication of an article in the UK’s Daily Mail headlined ‘Flossing your teeth can be a waste of time’. Researchers at the workshop concluded that there was insufficient evidence of efficacy to support the use of dental floss for cleaning between teeth and that the method of choice with most evidence for efficacy in removing interdental plaque removal was the use of interproximal
EFP 6th Postgraduate Symposium reaches ‘new high level’

The EFP’s 6th Postgraduate Symposium, which took place on September 17-19 in San Lorenzo de El Escorial, Spain, was hailed as a great success by the chairman of the EFP’s post-graduate education committee. “It was impressive to see the high level of clinical performance and the scientific achievements of all the students,” declared Moshe Goldstein. “The quality of both the clinical treatment and research activity has reached a new high level.”

Watch the trailer of animated film on links between oral and general health

The links between oral and general health are the theme of a 3D scientific video animation made by Sunstar and Quintessence Publishing and released this month. Oral Health and General Health: the Links between Periodontitis, Atherosclerosis, and Diabetes explores the scientific question of whether periodontitis and other inflammatory processes of the oral cavity contribute to the development of general diseases or negatively influence their course. The trailer can be viewed here.